



Keet Seel Hiking Information – Summer 2010

The Route: Keet Seel is one of the best preserved ancestral pueblo villages in the Southwest. The site is located 8.5 miles from the Visitor Center. The hike is rugged and strenuous. Allow at least 4-6 hours hiking time each way, an hour to rest and have lunch, and about one hour to tour Keet Seel. The trail is marked by white posts approximately every one half to one mile along the route to the site. The trail drops sharply 1000 feet (305 m) from the canyon rim to the canyon floor on rocky switchbacks and sand dunes. Once in the canyon, the route follows shallow streams and gradually rises 400 feet (125 m) over the last 5.5 miles (9 km) of the trail. The trail crosses Keet Seel creek several times. Walking through water is unavoidable and you should plan on getting your feet wet. The final 2 miles of the route cross several deep sandy gullies leading up into the Keet Seel area. Site tours normally start 9:30am and are conducted throughout the day as people arrive. Plan your departure accordingly. We recommend that slow hikers start on the trail at sunrise.

Keet Seel Site: Upon arrival at Keet Seel, contact the Ranger to arrange a tour time. If the Ranger is giving a tour or on patrol when you arrive, please wait at the picnic area for them to return. You cannot enter the site without a ranger escort. No more than five people can tour Keet Seel at any time, in order to minimize impact to the fragile site. Larger groups will be split up into smaller parties. As one group tours the site the rest of the group can relax at the picnic area, eat, or take photographs. Day hikers have first priority for tours so they have time to hike back to the Visitor Center before dark. Do not enter the ruins without the Ranger. Wandering and exploring beyond the monument boundary onto Navajo Nation lands is not permitted. Wearing sport sandals, tennis shoes, or hiking shoes with non-aggressive tread while on the Keet Seel site tour will greatly lessen impacts to the fragile ruins.

Reservations: Keet Seel will be open from **May 22, 2010 to September 11, 2010**. Reservations for back country permits should be made by telephone by calling **928-672-2700** or in person at the Navajo National Monument Visitor Center. Reservations may be made no more than 5 months in advance of the planned date of visit. Reservations are limited to 20 people per day and are made on a first come, first served basis. Organized groups (tour groups, scouts, etc.) are limited to 10 persons per day. We do not accept reservations via fax. Call to confirm your permit no later than on week (seven calendar days) before your visit or your reservation will be canceled. Please notify us if you or your entire group cancels, so we can accommodate other requests. If the date you want is already filled, you may call back six days prior to the desired date. By then, openings may be available due to cancellations or unconfirmed reservations. We do not maintain a waiting list. Occasionally Keet Seel permits can be obtained on the day of the tour if openings are still available, or if those with confirmed reservations fail to arrive by 9:00am.

Permits: There is a mandatory Keet Seel trail orientation held at the Visitor Center, at either 4:00pm the day before your scheduled tour, or at 8:15am on the day of your hike. The orientation is required to obtain a permit. The permit allows you to travel across Navajo Nation land to Keet Seel. It does not allow you to deviate from the designated trail. You must carry the permit with you at all times when hiking into or out of Keet Seel. Stay on the designated trail. No off-trail travel is authorized. Please respect the homes, property, and privacy of canyon residents.

Camping: The 17 mile (27.4 km) round trip distance to and from Keet Seel can be completed in one day only by those in very good physical condition. Most hikers choose to camp overnight at the designated primitive campground located ¼ mile before Keet Seel. Your permit allows camping for one night only.

Composting toilets are available. Wood fires are not permitted. Please pack out all trash. Visitors should camp only in designated areas and away from canyon walls to avoid injury from rock fall. Safe drinking water is not available. You must carry in all your water. Day hikers should plan to bring a minimum of one gallon of water. Overnight hikers should carry a minimum of two gallons.

Recommendations: Appropriate gear items include the following:

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| * 1 gallon of water per person per day | * Sturdy hiking boots | * High energy food |
| * Hat, rain gear | * Ground tarp or lightweight tent | * Lightweight long sleeve shirt |
| * Fleece jacket/Waterproof | * Long pants | * Cook Stove |
| * Flashlight | * Trash bag | * First aid kit |
| * Wool socks and extra socks | * Sport sandals or tennis shoes (non-aggressive treads,
you may be crossing the stream many times) | |

Safety Precautions:

Do not drink from the stream: Cattle and other animal feces contaminate surface water. Water filters do not remove microscopic organisms that transmit viruses or other illness.

Watch for flash flood: Violent thunderstorms are common from July to September. Wait on higher ground for water to subside. Do not attempt to cross creeks during flash floods.

Be cautious of quicksand: Quicksand develops around large stream boulders after high water, and around springs.

Avoid overheating: Midday temperatures in the canyon bottom range 10° higher than surrounding mesa tops and can approach 100° F. To avoid excessive exposure, hike early in the morning, wear a hat, seek shade, and drench your clothing with water.

Avoid hypothermia: Body temperature can drop to fatal levels during exposure to rainy weather, wind or wet clothing. Temperature at midday can drop as much as 25° (12 C) during thunder storms. Wearing a waterproof shell or proper rain gear will help prevent hypothermia during rain.

Be alert for rock fall: The soft sandstone is constantly eroding and falling from canyon walls and inside alcoves. Set up camp and picnic in designated areas away from cliff.

Watch out for collapsing dirt banks along creek and gullies: Stay back from the edge of embankments. Embankments are unstable and can give away without warning.

Search & Rescue: This is a remote and sparsely populated area. Help may take hours or most of a day to reach someone. Do not approach wild animals and domestic livestock. Night emergencies may have to wait until morning for assistance. Cell phones rarely work in the canyons. Stay safe.

Time Difference: From March to November, Navajo National Monument and the Navajo Nation are on Mountain Daylight Savings Time (MDST). This is one hour ahead of other Arizona locations including Flagstaff, Grand Canyon, Hopi Nation, and Phoenix. Navajo National Monument and the Navajo Nation are on the same time as Utah, Colorado, and New Mexico during this Period.

Keet Seel Reservation Date: _____ **Confirmation Date:** _____

Keet Seel (# of hikers) : _____ **Day or Overnight:** _____